

Full Report (All Nutrients) 45049529, BERRY CHOCOLATE TRAIL MIX, UPC: 049022681156

Powered by [LabelInsight](#)

Report Date: May 12, 2017 14:21 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer WALGREENS CO.

Nutrient	Unit	Data points	Std. Error	0.25 cup 30g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	130	433
Protein	g	--	--	3.00	10.00
Total lipid (fat)	g	--	--	5.00	16.67
Carbohydrate, by difference	g	--	--	18.00	60.00
Fiber, total dietary	g	--	--	2.0	6.7
Sugars, total	g	--	--	15.00	50.00
Minerals					
Calcium, Ca	mg	--	--	20	67
Iron, Fe	mg	--	--	0.36	1.20
Sodium, Na	mg	--	--	40	133
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	0.999	3.330
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients
PEANUTS (PEANUTS, PEANUT OIL AND/OR COTTONSEED OIL AND/OR SOYBEAN OIL AND/OR CANOLA OIL, SALT), DRIED CRANBERRIES (CRANBERRIES, SUGAR, CITRIC ACID, SUNFLOWER OIL (PROCESSING AID), ELDERBERRIES, SUGAR, CITRIC ACID, SUNFLOWER OIL (PROCESSING AID), ELDERBERRY JUICE CONCENTRATE (COLOR)), RAISINS, M&M'S CHOCOLATE CANDIES (MILK CHOCOLATE (SUGAR, CHOCOLATE, COCOA BUTTER, SKIM MILK, MILK FAT, LACTOSE, SOY LECITHIN (AN EMULSIFIER), SALT, ARTIFICIAL FLAVOR), SUGAR, CORNSTARCH, LESS THAN 1% CORN SYRUP, DEXTRIN, COLORING (BLUE 1 LAKE, RED 40 LAKE, YELLOW 6, YELLOW 5, RED 40, BLUE 1, BLUE 2 LAKE, YELLOW 6 LAKE, YELLOW 5 LAKE, BLUE 2), GUM ACACIA),

ALMONDS (ALMONDS, PEANUT OIL AND/OR COTTONSEED OIL AND/OR SOYBEAN OIL AND/OR CANOLA OIL, SALT), GOLDEN RAISINS (RAISINS, SULFUR DIOXIDE (TO PRESERVE COLOR)),
PAPAYA (PAPAYA, SUGAR, CITRIC ACID, SULFUR DIOXIDE (TO PRESERVE COLOR), COLORED WITH (YELLOW 5, YELLOW 6), CHERRIES (CHERRIES, SUGAR, MALIC ACID, SUNFLOWER OIL).
Date Last Updated by Company: 05/28/2014